



# WIC POLICY AND PROCEDURE MANUAL

Michigan Department of Community Health

Chapter/Section: 6.07

Effective Date: 7/26/99

Issue Date: 7/26/99

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## 6. NUTRITION SERVICES

### 6.07 Nutrition and Breastfeeding Staffing

**FINAL**

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#### A. POLICY:

1. A local agency shall have appropriate staffing to provide required nutrition services to WIC participants. (See Policy 1.11 Local Agency Staffing.)
2. The WIC staff performing nutrition education and counseling shall comply with the qualifications for Nutrition Counselor, Nutrition Educator, Non-Nutrition Health Professional and Nutrition Education Assistant (see Exhibits 6.07A - D, and H). Staff who provide breastfeeding education and support may include Lactation Consultant/Educator, MSUE/WIC Breastfeeding Peer Counselor or Nutrition Counselor described in Exhibits 6.07F, G and A.
  - a. Only a Nutrition Counselor shall perform nutrition assessments and develop nutrition care plans. (See Policy 6.03, Required Services for High Risk Participants and Exhibit 6.07A) Other providers, such as the Nutrition Educator, Non-Nutrition Health Professional, Nutrition Education Assistant, Lactation Consultant/Educator, and MSUE/WIC BF Peer Counselor may carry out portions of the care plan.
  - b. General nutrition education may be provided by a Nutrition Counselor or Nutrition Educator.
  - c. General nutrition education topics may be provided by a Non-Nutrition Health Professional, Nutrition Education Assistant, MSU Extension Home Economist, or Nutrition Instructor if they:
    - 1) Follow a lesson plan approved by the Nutrition Educator or Nutrition Counselor, and
    - 2) Receive inservice training by the Nutrition Counselor or Nutrition Educator.
  - d. Nutrition Risk Education, as described in Policy 6.02 Nutrition Risk Education, shall be provided by the CPA who performs the certification, recertification, reinstatement or infant nutrition health assessment.
3. A Local WIC Agency Breastfeeding Coordinator shall be designated and available to provide coordination and evaluation for breastfeeding promotion, protection and support activities. (see Exhibit 6.07E)



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4. Designated nutrition staff identification codes (see Exhibit 6.05A) shall be used to document nutrition education for an individual on the Certification Data Entry (CDE) form (DCH-0234 or DCH-0234a).
5. The local agency shall assure that all WIC staff who provide nutrition services and breastfeeding education have received appropriate training.

#### References:

Certification Data Entry Form (DCH-0234 or DCH-0234a)

#### Cross References:

- 1.11 WIC Local Agency Staffing
- 6.02 Nutrition Risk Education
- 6.03 Required Services for Nutritional High Risk Participants
- 6.05 Documentation of Nutrition Services

#### Exhibits:

- 6.07A Nutrition Counselor
- 6.07B Nutrition Educator
- 6.07C Non-Nutrition Health Professional
- 6.07D Nutrition Education Assistant
- 6.07E Local Agency Breastfeeding Coordinator
- 6.07F Lactation Consultant/Educator
- 6.07G Breastfeeding Peer Counselor
- 6.07H MSU Extension Home Economist/Nutrition Instructor